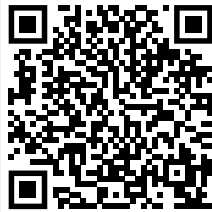


This device uses cellular data to transmit results. **This is at no cost to you.**



Want a more detailed guide?
**Scan the QR code or
visit brook.health/rpm-proscale**



Want more information about Brook?
Visit brook.health/patients

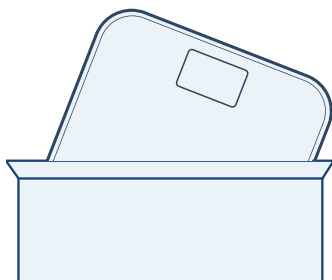
Questions?

✉ support@brook.health
☎ (800) 266-4407



DIGITAL SCALE Quick Start Guide

1



Remove scale from box.

Pull plastic tab from battery pack. Place scale on a hard, flat surface.

2



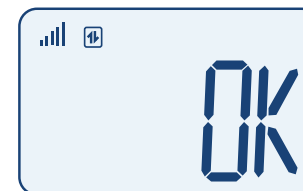
Step on the scale. Stand still and keep feet in full contact; the results will blink twice and then lock as the final result.

3



Step off the scale after it blinks twice.

4

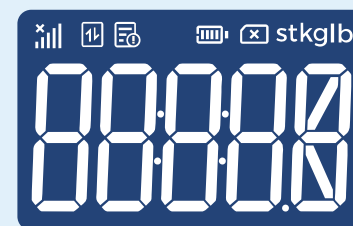


The scale will display "OK" to indicate that the data transmission was successful.

TIPS:

1. Weigh yourself once a day, first thing in the morning before eating or drinking, after emptying your bladder, and with a similar amount of clothing each time.
2. Keep the scale in the same location and make sure it's on a hard, flat surface (not carpet). Do not store scale upright. Moving scale should be avoided
3. The scale should only be used by the person using Brook. Keep others and pets off scale.
4. Scale limit is 440 pounds.

Display



kg Kilogram

lb Pounds

st Stone

 Battery Symbol

 Signal Symbol

 Data Transmitting

 Data Pending to Transmit

 No SIM Card Information